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# 2023 NAHAR BOOKLET

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**North American  
Humanitarian  
Aid & Relief**





# Yearly Report of North American Humanitarian Aid & Relief (NAHAR) Year: 2023



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North American Humanitarian Aid & Relief (NAHAR) has been dedicated to its mission since its establishment in 2011. Over the years, the organization has expanded its reach to provide vital assistance in more than 30 countries spanning four continents. NAHAR's efforts are primarily concentrated on three critical areas: emergency response, economic development, and the sponsorship of orphans. The year 2023 presented an increased number of emergencies, challenging the organization to act quickly and efficiently. Despite these heightened demands, NAHAR remained steadfast in its commitment to its ongoing support initiatives around the globe, ensuring that aid and relief continued to reach those in need.

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# Emergency Responses Around the World in 2023



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Throughout 2023, North American Humanitarian Aid & Relief (NAHAR) was at the forefront of responding to numerous global emergencies. From the Gaza crisis to catastrophic floods in Bangladesh, NAHAR's immediate response included the provision of essential aid such as food, water, and medical supplies to affected populations.

Since 2018, NAHAR has been actively assisting the war-torn population in Gaza through both short-term relief and long-term development projects. When a massive attack occurred in late 2023, the organization swiftly provided emergency supplies, benefiting around 3,000 people. Similarly, in Turkey, following a devastating earthquake that claimed over fifty thousand lives, NAHAR launched immediate relief efforts. From the very first day, the organization delivered food, water, and essential supplies. A team of 50 trained volunteers and staff from Muntada AID, along with 20 doctors and nurses, provided critical medical support to those in need.

In the aftermath of the Turkish earthquake, NAHAR initiated several projects to assist the victims, collaborating with the local organization 'Hayrat Yardim.' These projects included sponsorship for 500 orphaned children and extended aid to over 10,000 individuals. NAHAR's commitment to relief efforts was further demonstrated by their response to other crises, such as the earthquakes in Morocco and Syria, the floods in Libya and Bangladesh, and the fire in the Rohingya refugee camp. Through these initiatives, the organization provided vital assistance to approximately 15,000 people.

NAHAR's extensive efforts were made possible through collaboration with various international partners, ensuring the timely and efficient implementation of relief projects. Furthermore, during the holy month of Ramadan, NAHAR conducted a global food distribution campaign, significantly alleviating hunger and providing sustenance to numerous impoverished communities around the world. This comprehensive approach underscores NAHAR's unwavering dedication to humanitarian aid and its ability to mobilize resources and expertise in response to emergencies worldwide.





# Global Ramadan Food Distribution



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North American Humanitarian Aid & Relief (NAHAR) undertakes an extensive annual initiative to distribute Ramadan food packs, providing critical support to fasting individuals worldwide. This program is a cornerstone of NAHAR's efforts to ensure that vulnerable communities can observe the holy month of Ramadan with dignity and sustenance.

In 2023, the scope of this initiative was particularly impressive, as NAHAR delivered these essential food packs to numerous countries, including Sudan, Somalia, Ethiopia, and Bangladesh, among others. Each food pack is carefully prepared to include a variety of essential food items and a sufficient supply of water, designed to sustain a family for the entire month of Ramadan. This thoughtful provision of resources not only addresses immediate nutritional needs but also alleviates the economic burden on families during this significant period.

The impact of NAHAR's 2023 Ramadan food pack distribution was profound, reaching approximately 18,000 people worldwide. This effort was not limited to providing sustenance; it was a demonstration of solidarity and support for communities facing hardships. By ensuring that families had enough to eat, NAHAR helped create an environment where the spiritual and communal aspects of Ramadan could be fully embraced.

Beyond the food packs, NAHAR extended its humanitarian efforts through Eid gift distributions and Fitrah projects. These initiatives played a crucial role in facilitating joyful and peaceful Eid Ul Fitr celebrations. Eid gifts, often comprising clothing, toys, and sweets, were distributed to children and families, bringing smiles and a sense of festivity to those who might otherwise have had little to celebrate. The Fitrah projects, which involve the distribution of obligatory alms given before the end of Ramadan, further reinforced the communal bonds and supported those in dire need.

Through these comprehensive efforts, NAHAR not only addressed immediate hunger but also fostered a sense of community and hope among the recipients. The Ramadan food pack distribution, coupled with the Eid gift and Fitrah initiatives, underscores NAHAR's commitment to holistic humanitarian aid, ensuring that the physical, emotional, and spiritual needs of vulnerable populations are met during one of the most important times of the year. ”



# Global Qurbani Meat Distribution



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The global Udhiya/Qurbani program by North American Humanitarian Aid & Relief (NAHAR) represents a significant effort to support underprivileged communities during the sacred celebration of Eid-UI-Adha. In 2023, this impactful program was implemented in more than 20 countries worldwide, encompassing regions that face severe economic challenges and food insecurity. Among the countries where the program was active were Benin, Chad, Ghana, Mali, Niger, Uganda, and Bangladesh. These regions were carefully selected based on the pressing needs of their populations and the potential for NAHAR's intervention to make a meaningful difference.

The Qurbani, or sacrifice, is a vital part of Eid-UI-Adha, symbolizing devotion, charity, and the sharing of blessings. NAHAR's Qurbani program provided a way for needy individuals and families to partake in this important religious tradition, which they might otherwise have been unable to afford. By facilitating the sacrifice of livestock and the distribution of meat, NAHAR ensured that over 7,000 needy people around the world could celebrate Eid-UI-Adha with dignity and joy.

Each Qurbani was conducted in accordance with Islamic principles, ensuring that the process respected the cultural and religious practices of the communities served. The meat from the sacrifices was distributed to the most vulnerable segments of the population, including orphans, widows, and the elderly. This act of giving not only addressed immediate nutritional needs but also fostered a sense of inclusion and community among the recipients.



Moreover, NAHAR's Qurbani program went beyond mere distribution. It involved meticulous planning and coordination with local partners and volunteers to ensure the timely and efficient delivery of aid. In countries like Uganda and Bangladesh, for instance, NAHAR worked closely with local organizations to identify the most needy families and to organize community events where the meat could be distributed in a fair and respectful manner.

The impact of the Qurbani program was profound. For many, receiving the meat meant not just a meal but an opportunity to celebrate Eid-UI-Adha with their families, participate in communal feasts, and uphold their religious traditions. This act of solidarity and support from NAHAR also helped to strengthen the resilience of these communities, giving them hope and a sense of being cared for during challenging times.

In summary, NAHAR's global Udhiya/Qurbani program in 2023 was a testament to the organization's commitment to humanitarian aid and its ability to mobilize resources effectively across different regions. By enabling over 7,000 needy individuals to celebrate Eid-UI-Adha, NAHAR not only provided essential sustenance but also fostered a spirit of unity and compassion across diverse communities.





# Projects for Rohingya Refugees in Bangladesh



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For the past few years, Rohingya refugees have resided in Bangladesh, facing numerous challenges as they seek safety and stability. In response, North American Humanitarian Aid & Relief (NAHAR) has consistently provided vital support through a range of impactful projects. These initiatives have aimed to enhance the livelihoods and well-being of the Rohingya community, ensuring they receive the necessary resources to improve their quality of life.

One of the notable projects undertaken by NAHAR is the Qurbani Meat distribution. This initiative takes place during Eid-ul-Adha, a significant religious occasion for the Muslim community. NAHAR ensures that the Rohingya refugees participate in the celebration by providing them with Qurbani meat. This project not only addresses the immediate nutritional needs of the refugees but also allows them to partake in their cultural and religious traditions. The distribution is meticulously organized, ensuring that the meat reaches the most vulnerable families, thereby fostering a sense of community and belonging among the refugees.

Another critical project is the Ramadan food distribution. During the holy month of Ramadan, NAHAR delivers food packs to the Rohingya refugees, helping them to observe their fasts with dignity. These food packs contain essential items such as rice, lentils, cooking oil, and dates, providing families with the necessary sustenance throughout the month. This initiative supports approximately 3,000 refugee families, ensuring that they do not go hungry during this significant time of spiritual reflection and fasting.

As winter approaches, NAHAR extends its support through the winter clothing distribution project. Recognizing the harsh conditions faced by refugees during the colder months, NAHAR provides winter clothing, including blankets, jackets, and other warm garments. This project is crucial in protecting the refugees, particularly children and the elderly, from the adverse effects of the cold weather. By addressing their basic needs for warmth and protection, NAHAR helps to reduce the risk of illness and improve the overall well-being of the refugee community.

Healthcare assistance is another vital project implemented by NAHAR. Access to healthcare services is a significant challenge for the Rohingya refugees, and NAHAR steps in to fill this gap by providing medical aid and support. This includes setting up medical camps, offering regular health check-ups, distributing essential medicines, and conducting health awareness sessions. These efforts aim to improve the overall health of the refugee population and ensure they receive the medical attention they need.

In addition to these ongoing projects, NAHAR also responds swiftly to emergencies affecting the Rohingya refugees. One such instance involved providing urgent humanitarian relief to families impacted by devastating fires in the refugee camps. NAHAR mobilized resources to deliver food packs, medicines, and rehabilitation aid to those affected. This immediate response helped alleviate the families' suffering, providing them with essential supplies and support as they worked to rebuild their lives.

Through these comprehensive and diverse projects, NAHAR has significantly improved the lives of the Rohingya refugees in Bangladesh. By continuously addressing their needs for food, clothing, healthcare, and emergency relief, NAHAR has improved their living conditions and offered hope for a better future. ”







# Global Orphan Support



Orphans require assistance in many developing and underdeveloped nations worldwide. Since its establishment, North American Humanitarian Aid & Relief (NAHAR) has been dedicated to supporting orphans across different countries, addressing their unique needs through a variety of impactful projects. In 2023, NAHAR continued its commitment to improving the lives of orphans by implementing targeted initiatives in multiple regions.

In Bangladesh, NAHAR executed several crucial projects aimed at enhancing the well-being and prospects of orphaned children. These projects included the distribution of essential clothing ensuring that children had appropriate attire for different seasons and occasions. Monthly food provisions were also a key focus, guaranteeing that orphans received regular, nutritious meals to support their growth and development. To promote education and learning, NAHAR distributed books, school bags, and plastic tables, providing the necessary tools for the children to excel in their studies. Additionally, the organization supplied warm clothing during the colder months and special Eid attire, enabling the children to celebrate the festive season with joy and dignity. These comprehensive efforts benefited 200 orphans in Bangladesh, significantly improving their quality of life.

In Turkey, NAHAR sustained its sponsorship for 500 orphans, providing consistent support to ensure their basic needs were met. This sponsorship included financial assistance for food, clothing, education, and healthcare. By maintaining this ongoing support, NAHAR helped to create a stable and nurturing environment for these children, enabling them to pursue their education and personal development without the burden of unmet needs.

In Gaza, where the socio-political situation poses significant challenges, NAHAR extended its support to many orphans through a multifaceted approach. The organization provided food and clothing to address immediate needs, ensuring that the children had access to proper nutrition and attire. Furthermore, NAHAR recognized the psychological impact of the conflict on orphans and established a resilience center to offer psychological assistance. This center provided counseling and emotional support, helping the children cope with trauma and build resilience in the face of adversity. By addressing both their physical and emotional needs, NAHAR aimed to foster a sense of hope and stability for these vulnerable children.

In addition to these specific country projects, NAHAR's broader commitment to orphans was evident in its efforts to identify and support children in other regions facing similar challenges. The organization collaborated with local partners and volunteers to ensure that its interventions were culturally appropriate and effectively met the needs of the children. This holistic approach enabled NAHAR to make a meaningful difference in the lives of orphans across various countries, providing them with the resources and support necessary to thrive.

Through its dedicated projects in Bangladesh, Turkey, Gaza, and beyond, NAHAR demonstrated its unwavering commitment to supporting orphans. By addressing their basic needs, promoting education, and offering psychological support, NAHAR helped to create a brighter future for these children, empowering them to overcome adversity and reach their full potential.





# Other Projects in Bangladesh



In Bangladesh, North American Humanitarian Aid & Relief (NAHAR) has been steadfast in its mission to support needy individuals through a variety of impactful projects. In 2023, NAHAR implemented several notable initiatives aimed at addressing the diverse needs of vulnerable populations and enhancing their overall quality of life. These projects collectively benefited an additional 2,500 people in Bangladesh, showcasing NAHAR's commitment to comprehensive and sustainable aid.

One of the standout initiatives was the organization of a free medical camp. This camp provided essential healthcare services to underserved communities, offering medical consultations, treatments, and medications at no cost. The medical camp addressed a wide range of health issues, from common illnesses to chronic conditions, ensuring that individuals who lacked access to healthcare received the necessary attention and care. This initiative not only improved the immediate health of the participants but also educated them on preventative measures and healthy practices.



Another significant project was the distribution of sewing machines. This initiative targeted economically disadvantaged individuals, particularly women, by providing them with the tools to generate income and achieve financial independence. Alongside the distribution of sewing machines, NAHAR offered training sessions to ensure that recipients could effectively use the machines to create products for sale. This empowerment initiative helped many women develop valuable skills, start small businesses, and contribute to their households' income, thereby reducing poverty and improving their standard of living.

NAHAR also focused on supporting widows through handicraft training programs. Recognizing the unique challenges faced by widows, this project aimed to equip them with artisanal skills that could be used to produce and sell handicrafts. The training included various crafts such as embroidery, weaving, and pottery, enabling participants to create high-quality products. By fostering a sense of purpose and self-reliance, this initiative provided widows with the means to support themselves and their families, enhancing their social and economic status.

In its poverty alleviation efforts, NAHAR launched several projects designed to uplift the most disadvantaged members of the community. These included providing financial assistance, resources for small-scale agriculture, and vocational training programs. By addressing the root causes of poverty and offering sustainable solutions, NAHAR aimed to create lasting improvements in the lives of those it served.



Another milestone project in 2023 was the establishment of a healthcare center. This center provided a permanent facility where individuals could access medical care, receive regular check-ups, and obtain necessary treatments. The center was equipped with modern medical equipment and staffed by trained healthcare professionals, ensuring high-quality care for the community. This initiative significantly enhanced access to healthcare services, particularly for those living in remote or underserved areas.

NAHAR's eye treatment programs were specifically designed to address visual impairments and eye-related health issues. These programs included eye exams, distribution of prescription glasses, and surgeries for conditions such as cataracts. By improving vision, these programs had a profound impact on the quality of life for many individuals, enabling them to perform daily activities more effectively and reducing the burden of visual impairments.

Winter clothes distribution was another critical project, particularly for those living in regions where the cold weather can be harsh and life-threatening. NAHAR distributed warm clothing, including jackets, sweaters, blankets, and other winter essentials, to ensure that vulnerable individuals could stay warm and protected during the winter months. This initiative helped to prevent cold-related illnesses and provided comfort and relief to those in need.

Through these diverse and targeted projects in Bangladesh, NAHAR demonstrated its holistic approach to humanitarian aid. By addressing healthcare, economic empowerment, skill development, and basic needs, NAHAR significantly improved the lives of an additional 2,500 people in 2023. Each initiative reflected the organization's dedication to creating sustainable, long-term benefits for the communities it serves, fostering resilience, and promoting self-sufficiency among the most vulnerable populations.



# Projects in the USA



In 2023, NAHAR Relief continued its impactful operations in the USA, implementing a variety of projects aimed at supporting communities in need. These initiatives were designed to address food insecurity and provide essential resources during key periods, such as Ramadan and Eid-Ul-Adha. Collectively, these efforts benefited approximately 7,000 people across the country, highlighting NAHAR's commitment to humanitarian aid within the United States.

In Houston, Texas, NAHAR organized several significant projects to assist vulnerable populations. One of the cornerstone initiatives was the hot meal distribution program. This project aimed to provide nutritious, freshly prepared meals to individuals and families facing food insecurity. By partnering with local volunteers and community kitchens, NAHAR ensured that the meals were distributed efficiently and reached those most in need. These hot meals not only alleviated hunger but also offered comfort and a sense of community to the recipients.

In addition to hot meal distributions, NAHAR conducted extensive food pack distributions in Houston. These food packs contained a variety of essential items, including rice, pasta, canned goods, and other staples, designed to sustain families for an extended period. The distribution of these food packs was particularly important for families struggling to make ends meet, providing them with the necessary resources to prepare nutritious meals at home.

During the holy month of Ramadan, NAHAR also organized iftar distributions in Houston. Iftar, the meal eaten by Muslims to break their fast at sunset, is a significant aspect of Ramadan. Recognizing the importance of this meal, NAHAR provided iftar packs containing dates, water, fruits, and hot meals. These distributions allowed fasting individuals and families to break their fast with dignity and ensured that they had enough to eat during this spiritually significant time.



Beyond Houston, NAHAR extended its efforts through the Qurbani meat distribution project, reaching various other cities including Texas, Chicago, Columbus, and the New York area. This project was implemented during Eid-UI-Adha, a time when Muslims performed the ritual of Qurbani by sacrificing livestock and distributing the meat to those in need. NAHAR facilitated the Qurbani process, ensuring that the meat was distributed to disadvantaged families who otherwise might not have been able to partake in this important tradition. The Qurbani meat distribution provided a significant source of protein and nutrition to the recipients, enriching their diet and allowing them to celebrate Eid-UI-Adha with joy and fulfillment.

In Texas, Chicago, Columbus, and the New York area, the Qurbani meat distribution was meticulously planned and executed. NAHAR worked closely with local mosques, community centers, and volunteers to identify the most vulnerable populations and ensure that the meat reached them promptly. The distribution process was conducted in a respectful and organized manner, reflecting the spirit of generosity and community central to the Qurbani tradition.

Through these various projects, NAHAR Relief made a substantial impact on the lives of many individuals and families across the USA in 2023. By addressing immediate needs such as food insecurity and supporting religious observances, NAHAR reinforced its dedication to humanitarian aid and community support. Each initiative was thoughtfully designed and executed, ensuring that assistance was provided where it was most needed and that the dignity and well-being of the recipients were upheld. ”



The top and bottom corners of the page are decorated with overlapping, colorful geometric shapes, primarily squares and triangles, in shades of orange, red, teal, and light blue. These shapes are arranged in a way that they appear to be floating or layered, creating a modern, abstract design.


# Conclusion

In 2023, NAHAR's global endeavors made a significant and far-reaching impact, showcasing the organization's unwavering commitment to humanitarian aid and support for those in need. Through a combination of emergency relief, essential aid provision, and long-term support initiatives, NAHAR effectively addressed a multitude of challenges faced by vulnerable populations around the world.

One of the critical aspects of NAHAR's efforts in 2023 was its swift and comprehensive response to emergencies. In regions affected by natural disasters, conflicts, and other crises, NAHAR mobilized resources and coordinated with local partners to deliver immediate aid. This included the distribution of food, clean water, medical supplies, and temporary shelter, ensuring that the basic needs of affected individuals and families were met. By acting quickly and efficiently, NAHAR was able to alleviate suffering and provide a lifeline to those caught in dire circumstances.

In addition to emergency relief, NAHAR implemented numerous projects aimed at supporting the daily needs of impoverished communities. These projects encompassed the distribution of food packs, nutritional supplements, and hygiene kits, addressing both hunger and health issues. NAHAR's healthcare initiatives included free medical camps, eye treatment programs, and the establishment of healthcare centers, which provided essential medical services to those who otherwise lacked access to healthcare. These efforts significantly improved the health and well-being of countless individuals, helping them to lead healthier and more productive lives.





Furthermore, NAHAR's commitment to supporting orphans remained a cornerstone of its mission in 2023. The organization continued to sponsor orphans across multiple countries, providing them with financial assistance, educational opportunities, and emotional support. By addressing the unique needs of orphaned children, NAHAR helped to create a stable and nurturing environment in which they could thrive. These sponsorship programs included the provision of school supplies, clothing, and access to psychological support, ensuring that the orphans had the resources necessary for a brighter future.

NAHAR's global endeavors were made possible through the generous support of donors worldwide. The continued financial contributions and volunteer efforts enabled NAHAR to expand its reach and implement a wide range of humanitarian projects. This collective support from individuals, organizations, and communities around the world reinforced the organization's capacity to effect positive change and respond to emerging needs.

Looking ahead, NAHAR remains steadfast in its commitment to positively impacting millions of lives in the years to come. The organization plans to build on its successes and continue its work in emergency response, essential aid provision, and orphan sponsorship. By maintaining a focus on sustainable development and empowering communities, NAHAR aims to create lasting improvements in the lives of those it serves. With the ongoing support of its global donor base, NAHAR is well-positioned to continue making a meaningful difference in the world, fostering hope and resilience among the most vulnerable populations.

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